



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

□□□□

Team Schlammfläufer

□□□: 16:13:56

□□: 569

□□: 10.35 km/h

□□□□: 5:46 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 67 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 52(of 118)

Männerstaffel

□□□□□□□: 11:15:57

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:17:48	5:33	58	19:23	76	19:23	14.00	1:17:48	5:33	58	19:23	76	19:23
Kleiner Inselsber	19.60	1:53:45	5:48	80	36:36	107	36:36	33.60	3:11:33	5:42	72	55:43	95	55:43
Neue Ausspanne	14.00	1:14:15	5:18	47	23:19	54	23:19	47.60	4:25:48	5:35	62	1:19:02	75	1:19:02
Grenzadler	13.70	1:21:52	5:58	73	30:10	95	30:10	61.30	5:47:40	5:40	61	1:46:53	76	1:46:53
Allzunah	19.90	1:47:23	5:23	57	31:32	76	31:32	81.20	7:35:03	5:36	60	2:16:21	73	2:16:21
Masserberg	17.90	1:52:02	6:15	71	35:26	94	35:26	99.10	9:27:05	5:43	56	2:41:36	70	2:41:36
Neuhaus	19.90	2:00:20	6:02	70	51:57	95	51:57	119.00	11:27:25	5:46	55	3:22:13	70	3:22:13
Schildwiese	13.50	1:23:50	6:12	69	31:24	96	31:24	132.50	12:51:15	5:49	58	3:53:37	74	3:53:37
Brennersgrün	15.90	1:28:47	5:35	54	25:23	69	25:23	148.40	14:20:02	5:47	55	4:17:33	70	4:17:33
Blankenstein	20.30	1:53:54	5:36	65	40:26	87	40:26	168.70	16:13:56	5:46	52	4:57:59	67	4:57:59