



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

□□□□

OSKAR

□□: 187

□□: 168.70 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□□: 15:48:58

□□: 10.62 km/h

□□□□: 5:38 min/km

□□□□□: 49 (of 177)

□□□□□□: 11:15:57

□□□□□: 41(of 118)

□□□□□□□: 11:15:57

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Hohe Sonne | 14.00 | 1:07:39 | 4:49 | 16 | 9:14 | 18 | 9:14 | 14.00 | 1:07:39 | 4:49 | 16 | 9:14 | 18 | 9:14 |
| Kleiner Inselfber | 19.60 | 1:47:20 | 5:28 | 54 | 30:11 | 76 | 30:11 | 33.60 | 2:54:59 | 5:12 | 30 | 39:09 | 38 | 39:09 |
| Neue Ausspanne | 14.00 | 1:21:07 | 5:47 | 78 | 30:11 | 97 | 30:11 | 47.60 | 4:16:06 | 5:22 | 43 | 1:09:20 | 50 | 1:09:20 |
| Grenzdler | 13.70 | 1:20:14 | 5:51 | 64 | 28:32 | 86 | 28:32 | 61.30 | 5:36:20 | 5:29 | 45 | 1:35:33 | 53 | 1:35:33 |
| Allzunah | 19.90 | 1:26:22 | 4:20 | 10 | 10:31 | 12 | 10:31 | 81.20 | 7:02:42 | 5:12 | 25 | 1:44:00 | 30 | 1:44:00 |
| Masserberg | 17.90 | 1:40:22 | 5:36 | 31 | 23:46 | 40 | 23:46 | 99.10 | 8:43:04 | 5:16 | 28 | 1:57:35 | 34 | 1:57:35 |
| Neuhaus | 19.90 | 2:03:14 | 6:11 | 76 | 54:51 | 105 | 54:51 | 119.00 | 10:46:18 | 5:25 | 32 | 2:41:06 | 40 | 2:41:06 |
| Schildwiese | 13.50 | 1:33:21 | 6:54 | 89 | 40:55 | 132 | 40:55 | 132.50 | 12:19:39 | 5:34 | 38 | 3:22:01 | 45 | 3:22:01 |
| Brennersgrün | 15.90 | 1:22:39 | 5:11 | 33 | 19:15 | 37 | 19:15 | 148.40 | 13:42:18 | 5:32 | 37 | 3:39:49 | 43 | 3:39:49 |
| Blankenstein | 20.30 | 2:06:40 | 6:14 | 91 | 53:12 | 131 | 53:12 | 168.70 | 15:48:58 | 5:37 | 41 | 4:33:01 | 49 | 4:33:01 |