



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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The GOETHE-Ladys und Gentlemen □□□: 17:32:12

□□: 571

□□: 9.58 km/h
□□□□: 6:14 min/km

□□: 168.70 km
Hörschel-Blankenstein

□□□□□: 138 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 28(of 48)

Mixstaffel

□□□□□□□: 13:35:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:10:32	5:02	3	10:47	31	12:07	14.00	1:10:32	5:02	3	10:47	178	12:07
Kleiner Inselfber	19.60	2:18:11	7:03	46	54:14	172	1:01:02	33.60	3:28:43	6:12	31	52:15	178	1:12:53
Neue Ausspanne	14.00	1:15:06	5:21	5	4:29	57	24:10	47.60	4:43:49	5:57	21	53:14	178	1:37:03
Grenzdler	13.70	1:18:19	5:42	14	19:37	71	26:37	61.30	6:02:08	5:54	18	1:06:24	177	2:01:21
Allzunah	19.90	2:09:23	6:30	43	47:02	156	53:32	81.20	8:11:31	6:03	28	1:47:14	176	2:52:49
Masserberg	17.90	1:45:49	5:54	12	26:32	64	29:13	99.10	9:57:20	6:01	22	2:02:44	175	3:11:51
Neuhaus	19.90	2:02:24	6:09	22	41:20	101	54:01	119.00	11:59:44	6:02	18	2:13:24	176	3:54:32
Schildwiese	13.50	1:20:30	5:57	15	19:47	77	28:04	132.50	13:20:14	6:02	18	2:29:30	169	4:22:36
Brennersgrün	15.90	2:11:13	8:15	47	1:05:07	168	1:07:49	148.40	15:31:27	6:16	31	3:30:07	177	5:28:58
Blankenstein	20.30	2:00:45	5:56	27	35:43	114	47:17	168.70	17:32:12	6:14	28	3:56:31	139	6:16:15