



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Lauffreunde Weinbergen

□□□: 16:30:22

□□: 165

□□: 10.18 km/h

□□□□: 5:52 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 84 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 64(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:12:19	5:09	32	13:54	40	13:54	14.00	1:12:19	5:09	32	13:54	40	13:54
Kleiner Inselsber	19.60	1:55:18	5:52	84	38:09	114	38:09	33.60	3:07:37	5:35	60	51:47	79	51:47
Neue Ausspanne	14.00	1:09:02	4:55	29	18:06	31	18:06	47.60	4:16:39	5:23	45	1:09:53	52	1:09:53
Grenzadler	13.70	1:18:53	5:45	56	27:11	76	27:11	61.30	5:35:32	5:28	43	1:34:45	50	1:34:45
Allzunah	19.90	2:03:01	6:10	93	47:10	135	47:10	81.20	7:38:33	5:38	66	2:19:51	80	2:19:51
Masserberg	17.90	2:03:22	6:53	96	46:46	137	46:46	99.10	9:41:55	5:52	72	2:56:26	88	2:56:26
Neuhaus	19.90	1:57:09	5:53	64	48:46	86	48:46	119.00	11:39:04	5:52	74	3:33:52	90	3:33:52
Schildwiese	13.50	1:12:51	5:23	31	20:25	41	20:25	132.50	12:51:55	5:49	60	3:54:17	76	3:54:17
Brennersgrün	15.90	1:14:14	4:40	9	10:50	10	10:50	148.40	14:06:09	5:42	46	4:03:40	56	4:03:40
Blankenstein	20.30	2:24:13	7:06	107	1:10:45	165	1:10:45	168.70	16:30:22	5:52	64	5:14:25	84	5:14:25