



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Lauffreunde Gotha

□□□: 16:44:46

□□: 164

□□: 10.03 km/h

□□□□: 5:58 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 100 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 78(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:14:18	5:18	41	15:53	53	15:53	14.00	1:14:18	5:18	41	15:53	53	15:53
Kleiner Inselsber	19.60	1:45:08	5:21	48	27:59	64	27:59	33.60	2:59:26	5:20	39	43:36	54	43:36
Neue Ausspanne	14.00	1:27:12	6:13	92	36:16	124	36:16	47.60	4:26:38	5:36	65	1:19:52	80	1:19:52
Grenzadler	13.70	1:24:30	6:10	84	32:48	110	32:48	61.30	5:51:08	5:43	63	1:50:21	79	1:50:21
Allzunah	19.90	1:42:04	5:07	39	26:13	57	26:13	81.20	7:33:12	5:34	57	2:14:30	70	2:14:30
Masserberg	17.90	2:21:55	7:55	113	1:05:19	167	1:05:19	99.10	9:55:07	6:00	83	3:09:38	109	3:09:38
Neuhaus	19.90	1:48:27	5:26	38	40:04	51	40:04	119.00	11:43:34	5:54	78	3:38:22	95	3:38:22
Schildwiese	13.50	1:21:47	6:03	61	29:21	83	29:21	132.50	13:05:21	5:55	72	4:07:43	90	4:07:43
Brennersgrün	15.90	1:35:47	6:01	75	32:23	100	32:23	148.40	14:41:08	5:56	74	4:38:39	94	4:38:39
Blankenstein	20.30	2:03:38	6:05	84	50:10	122	50:10	168.70	16:44:46	5:57	78	5:28:49	100	5:28:49