



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Gü-We Läufer

□□□: 16:28:44

□□: 146

□□: 10.19 km/h

□□□□: 5:52 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 82 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 63(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:21:29	5:49	76	23:04	102	23:04	14.00	1:21:29	5:49	76	23:04	102	23:04
Kleiner Inselsber	19.60	1:52:49	5:45	76	35:40	103	35:40	33.60	3:14:18	5:46	84	58:28	109	58:28
Neue Ausspanne	14.00	1:16:07	5:26	54	25:11	65	25:11	47.60	4:30:25	5:40	69	1:23:39	87	1:23:39
Grenzadler	13.70	1:16:16	5:34	48	24:34	64	24:34	61.30	5:46:41	5:39	59	1:45:54	74	1:45:54
Allzunah	19.90	1:44:00	5:13	47	28:09	65	28:09	81.20	7:30:41	5:33	50	2:11:59	63	2:11:59
Masserberg	17.90	1:53:20	6:19	74	36:44	99	36:44	99.10	9:24:01	5:41	51	2:38:32	64	2:38:32
Neuhaus	19.90	2:02:23	6:08	73	54:00	100	54:00	119.00	11:26:24	5:46	54	3:21:12	69	3:21:12
Schildwiese	13.50	1:20:40	5:58	59	28:14	79	28:14	132.50	12:47:04	5:47	52	3:49:26	67	3:49:26
Brennersgrün	15.90	1:27:38	5:30	50	24:14	63	24:14	148.40	14:14:42	5:45	50	4:12:13	61	4:12:13
Blankenstein	20.30	2:14:02	6:36	102	1:00:34	151	1:00:34	168.70	16:28:44	5:51	63	5:12:47	82	5:12:47