



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Rennsteinläufer

□□□: 17:46:25

□□: 545

□□: 9.45 km/h

□□□□: 6:19 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 145 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 32(of 48)

Mixstaffel

□□□□□□□: 13:35:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:27:37	6:15	30	27:52	137	29:12	14.00	1:27:37	6:15	30	27:52	178	29:12
Kleiner Inselfber	19.60	1:47:34	5:29	20	23:37	79	30:25	33.60	3:15:11	5:48	22	38:43	178	59:21
Neue Ausspanne	14.00	1:39:34	7:06	48	28:57	175	48:38	47.60	4:54:45	6:11	31	1:04:10	178	1:47:59
Grenzadler	13.70	1:41:32	7:24	41	42:50	166	49:50	61.30	6:36:17	6:27	35	1:40:33	177	2:35:30
Allzunah	19.90	1:48:02	5:25	17	25:41	79	32:11	81.20	8:24:19	6:12	35	2:00:02	176	3:05:37
Masserberg	17.90	2:00:18	6:43	26	41:01	127	43:42	99.10	10:24:37	6:18	35	2:30:01	175	3:39:08
Neuhaus	19.90	2:30:03	7:32	42	1:08:59	162	1:21:40	119.00	12:54:40	6:30	36	3:08:20	176	4:49:28
Schildwiese	13.50	1:04:36	4:47	3	3:53	13	12:10	132.50	13:59:16	6:20	32	3:08:32	169	5:01:38
Brennersgrün	15.90	1:31:58	5:47	16	25:52	87	28:34	148.40	15:31:14	6:16	30	3:29:54	177	5:28:45
Blankenstein	20.30	2:15:11	6:39	43	50:09	153	1:01:43	168.70	17:46:25	6:19	32	4:10:44	146	6:30:28