



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

□□□□

Rhöner Männer

□□□: 16:10:14

□□: 190

□□: 10.39 km/h

□□□□: 5:45 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 62 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 48(of 118)

Männerstaffel

□□□□□□□: 11:15:57

□□□□

□□□□

□□□

□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
Hohe Sonne	14.00	1:21:42	5:50	77	23:17	103	23:17	14.00	1:21:42	5:50	77	23:17	103	23:17
Kleiner Inselfber	19.60	1:54:40	5:51	82	37:31	111	37:31	33.60	3:16:22	5:50	89	1:00:32	115	1:00:32
Neue Ausspanne	14.00	1:17:13	5:30	61	26:17	73	26:17	47.60	4:33:35	5:44	76	1:26:49	96	1:26:49
Grenzdler	13.70	1:15:29	5:30	44	23:47	59	23:47	61.30	5:49:04	5:41	62	1:48:17	78	1:48:17
Allzunah	19.90	1:56:13	5:50	79	40:22	114	40:22	81.20	7:45:17	5:43	68	2:26:35	84	2:26:35
Masserberg	17.90	1:41:28	5:40	36	24:52	45	24:52	99.10	9:26:45	5:43	55	2:41:16	69	2:41:16
Neuhaus	19.90	1:54:07	5:44	52	45:44	71	45:44	119.00	11:20:52	5:43	48	3:15:40	63	3:15:40
Schildwiese	13.50	1:12:57	5:24	32	20:31	42	20:31	132.50	12:33:49	5:41	43	3:36:11	55	3:36:11
Brennersgrün	15.90	1:31:45	5:46	64	28:21	85	28:21	148.40	14:05:34	5:41	45	4:03:05	55	4:03:05
Blankenstein	20.30	2:04:40	6:08	86	51:12	125	51:12	168.70	16:10:14	5:45	48	4:54:17	62	4:54:17