



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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GutsMuths-Rennsteiglaufverein

□□□: 11:38:51

□□: 543

□□: 14.42 km/h

□□□□: 4:08 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 2 (of 177)

□□□□□□: 11:15:57

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□□□□□: 2(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
Hohe Sonne	14.00	59:05	4:13	4	0:40	4	0:40	14.00	59:05	4:13	4	0:40	4	0:40
Kleiner Inselsber	19.60	1:18:38	4:00	3	1:29	3	1:29	33.60	2:17:43	4:05	2	1:53	2	1:53
Neue Ausspanne	14.00	54:30	3:53	3	3:34	3	3:34	47.60	3:12:13	4:02	2	5:27	2	5:27
Grenzadler	13.70	57:25	4:11	3	5:43	3	5:43	61.30	4:09:38	4:04	3	8:51	3	8:51
Allzunah	19.90	1:18:12	3:55	3	2:21	3	2:21	81.20	5:27:50	4:02	2	9:08	2	9:08
Masserberg	17.90	1:17:46	4:20	2	1:10	2	1:10	99.10	6:45:36	4:05	2	0:07	2	0:07
Neuhaus	19.90	1:22:07	4:07	6	13:44	7	13:44	119.00	8:07:43	4:05	2	2:31	2	2:31
Schildwiese	13.50	58:07	4:18	3	5:41	3	5:41	132.50	9:05:50	4:07	2	8:12	2	8:12
Brennersgrün	15.90	1:06:16	4:10	4	2:52	5	2:52	148.40	10:12:06	4:07	2	9:37	2	9:37
Blankenstein	20.30	1:26:45	4:16	7	13:17	8	13:17	168.70	11:38:51	4:08	2	22:54	2	22:54