



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Harzer Hexen powered by fachwerk **Quelle: 15:51**

00: 2

00: 168.70 km

Hörschel-Blankenstein

0000:

Frauenstaffel

00: 10.77 km/h

0000: 5:33 min/km

00000: 45 (of 177)

000000: 11:15:57

00000: 3(of 11)

0000000: 13:14:51

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Hohe Sonne	14.00	1:14:41	5:20	4	7:26	56	16:16	14.00	1:14:41	5:20	4	7:26	178	16:16
Kleiner Inselsber	19.60	2:11:16	6:41	9	34:34	164	54:07	33.60	3:25:57	6:07	6	42:00	178	1:10:07
Neue Ausspanne	14.00	1:12:34	5:10	3	15:32	45	21:38	47.60	4:38:31	5:51	5	57:32	105	1:31:45
Grenzadler	13.70	1:06:07	4:49	4	3:18	21	14:25	61.30	5:44:38	5:37	5	1:00:50	177	1:43:51
Allzunah	19.90	1:41:08	5:04	3	14:38	48	25:17	81.20	7:25:46	5:29	3	1:15:28	176	2:07:04
Masserberg	17.90	1:54:09	6:22	6	32:24	102	37:33	99.10	9:19:55	5:39	4	1:44:14	175	2:34:26
Neuhaus	19.90	1:48:15	5:26	4	9:06	50	39:52	119.00	11:08:10	5:36	3	1:53:20	176	3:02:58
Schildwiese	13.50	1:13:24	5:26	3	7:15	46	20:58	132.50	12:21:34	5:35	3	1:58:34	169	3:23:56
Brennersgrün	15.90	1:31:24	5:44	6	13:59	81	28:00	148.40	13:52:58	5:36	3	2:05:46	177	3:50:29
Blankenstein	20.30	1:42:53	5:04	4	15:14	50	29:25	168.70	15:35:51	5:32	3	2:21:00	45	4:19:54