



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Team-Heipa-Eichsfeld

□□□: 14:42:10

□□: 209

□□: 11.47 km/h

□□□□: 5:14 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 24 (of 177)

□□□□□□: 11:15:57

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□□□□□: 19(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:06:13	4:43	11	7:48	12	7:48	14.00	1:06:13	4:43	11	7:48	12	7:48
Kleiner Inselsber	19.60	1:29:18	4:33	8	12:09	10	12:09	33.60	2:35:31	4:37	7	19:41	7	19:41
Neue Ausspanne	14.00	1:19:01	5:38	66	28:05	82	28:05	47.60	3:54:32	4:55	13	47:46	16	47:46
Grenzadler	13.70	1:12:17	5:16	33	20:35	43	20:35	61.30	5:06:49	5:00	14	1:06:02	18	1:06:02
Allzunah	19.90	1:37:00	4:52	23	21:09	32	21:09	81.20	6:43:49	4:58	13	1:25:07	17	1:25:07
Masserberg	17.90	1:49:14	6:06	59	32:38	80	32:38	99.10	8:33:03	5:10	17	1:47:34	22	1:47:34
Neuhaus	19.90	2:04:48	6:16	79	56:25	111	56:25	119.00	10:37:51	5:21	29	2:32:39	36	2:32:39
Schildwiese	13.50	1:13:56	5:28	36	21:30	47	21:30	132.50	11:51:47	5:22	27	2:54:09	32	2:54:09
Brennersgrün	15.90	1:16:51	4:49	12	13:27	13	13:27	148.40	13:08:38	5:18	23	3:06:09	28	3:06:09
Blankenstein	20.30	1:33:32	4:36	15	20:04	21	20:04	168.70	14:42:10	5:13	19	3:26:13	24	3:26:13