



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Wristler Original

□□□: 14:51:44

□□: 214

□□: 11.30 km/h

□□□□: 5:17 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 28 (of 177)

□□□□□□: 11:15:57

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□□□□□: 23(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:27:00	6:12	100	28:35	135	28:35	14.00	1:27:00	6:12	100	28:35	135	28:35
Kleiner Inselsber	19.60	1:29:48	4:34	9	12:39	11	12:39	33.60	2:56:48	5:15	33	40:58	41	40:58
Neue Ausspanne	14.00	1:11:46	5:07	37	20:50	41	20:50	47.60	4:08:34	5:13	28	1:01:48	34	1:01:48
Grenzadler	13.70	1:08:53	5:01	23	17:11	29	17:11	61.30	5:17:27	5:10	23	1:16:40	28	1:16:40
Allzunah	19.90	1:36:16	4:50	22	20:25	31	20:25	81.20	6:53:43	5:05	17	1:35:01	22	1:35:01
Masserberg	17.90	1:46:02	5:55	49	29:26	65	29:26	99.10	8:39:45	5:14	25	1:54:16	30	1:54:16
Neuhaus	19.90	1:32:17	4:38	11	23:54	14	23:54	119.00	10:12:02	5:08	14	2:06:50	19	2:06:50
Schildwiese	13.50	1:22:46	6:07	66	30:20	92	30:20	132.50	11:34:48	5:14	22	2:37:10	27	2:37:10
Brennersgrün	15.90	1:41:56	6:24	91	38:32	129	38:32	148.40	13:16:44	5:22	26	3:14:15	31	3:14:15
Blankenstein	20.30	1:35:00	4:40	19	21:32	25	21:32	168.70	14:51:44	5:17	23	3:35:47	28	3:35:47