



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Die himmelblauen Gazellen des LTV □□□: 14:54:39

□□: 130

□□: 168.70 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□: 11.27 km/h

□□□□: 5:18 min/km

□□□□□: 30 (of 177)

□□□□□□: 11:15:57

□□□□□: 25(of 118)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:05:37	4:41	10	7:12	11	7:12	14.00	1:05:37	4:41	10	7:12	11	7:12
Kleiner Inselsber	19.60	1:41:10	5:09	32	24:01	46	24:01	33.60	2:46:47	4:57	13	30:57	18	30:57
Neue Ausspanne	14.00	1:05:38	4:41	17	14:42	19	14:42	47.60	3:52:25	4:52	11	45:39	14	45:39
Grenzadler	13.70	1:05:53	4:48	14	14:11	19	14:11	61.30	4:58:18	4:51	10	57:31	12	57:31
Allzunah	19.90	1:49:22	5:29	63	33:31	87	33:31	81.20	6:47:40	5:01	15	1:28:58	19	1:28:58
Masserberg	17.90	1:28:34	4:56	10	11:58	13	11:58	99.10	8:16:14	5:00	11	1:30:45	15	1:30:45
Neuhaus	19.90	1:58:04	5:55	66	49:41	90	49:41	119.00	10:14:18	5:09	16	2:09:06	21	2:09:06
Schildwiese	13.50	1:17:48	5:45	52	25:22	66	25:22	132.50	11:32:06	5:13	19	2:34:28	24	2:34:28
Brennersgrün	15.90	1:32:38	5:49	68	29:14	90	29:14	148.40	13:04:44	5:17	20	3:02:15	25	3:02:15
Blankenstein	20.30	1:49:55	5:24	54	36:27	73	36:27	168.70	14:54:39	5:18	25	3:38:42	30	3:38:42