



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Dream-Team-Ilmenau

□□□: 16:07:29

□□: 510

□□: 10.42 km/h

□□□□: 5:44 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 57 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 8(of 48)

Mixstaffel

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Hohe Sonne	14.00	1:19:13	5:39	15	19:28	85	20:48	14.00	1:19:13	5:39	15	19:28	178	20:48
Kleiner Inselfber	19.60	1:40:06	5:06	9	16:09	39	22:57	33.60	2:59:19	5:20	11	22:51	178	43:29
Neue Ausspanne	14.00	1:24:05	6:00	18	13:28	108	33:09	47.60	4:23:24	5:32	10	32:49	178	1:16:38
Grenzdler	13.70	1:25:13	6:13	22	26:31	113	33:31	61.30	5:48:37	5:41	11	52:53	177	1:47:50
Allzunah	19.90	1:22:21	4:08	1	-	6	6:30	81.20	7:10:58	5:18	7	46:41	176	1:52:16
Masserberg	17.90	1:28:51	4:57	2	9:34	14	12:15	99.10	8:39:49	5:14	4	45:13	175	1:54:20
Neuhaus	19.90	2:00:02	6:01	20	38:58	93	51:39	119.00	10:39:51	5:22	6	53:31	176	2:34:39
Schildwiese	13.50	1:48:35	8:02	44	47:52	162	56:09	132.50	12:28:26	5:38	7	1:37:42	169	3:30:48
Brennersgrün	15.90	1:47:44	6:46	38	41:38	146	44:20	148.40	14:16:10	5:46	8	2:14:50	177	4:13:41
Blankenstein	20.30	1:51:19	5:29	15	26:17	76	37:51	168.70	16:07:29	5:44	8	2:31:48	57	4:51:32