



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

□□□□

Schleizer Wisente

□□□: 16:17:54

□□: 553

□□: 10.31 km/h
□□□□: 5:48 min/km

□□: 168.70 km
Hörschel-Blankenstein

□□□□□: 70 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 13(of 48)

Mixstaffel

□□□□□□□: 13:35:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	59:45	4:16	1	-	5	1:20	14.00	59:45	4:16	1	-	178	1:20
Kleiner Inselfber	19.60	1:47:55	5:30	21	23:58	81	30:46	33.60	2:47:40	4:59	5	11:12	178	31:50
Neue Ausspanne	14.00	1:32:15	6:35	36	21:38	151	41:19	47.60	4:19:55	5:27	6	29:20	178	1:13:09
Grenzdler	13.70	1:33:56	6:51	37	35:14	152	42:14	61.30	5:53:51	5:46	12	58:07	177	1:53:04
Allzunah	19.90	1:51:34	5:36	25	29:13	98	35:43	81.20	7:45:25	5:43	13	1:21:08	176	2:26:43
Masserberg	17.90	2:00:08	6:42	24	40:51	124	43:32	99.10	9:45:33	5:54	15	1:50:57	175	3:00:04
Neuhaus	19.90	1:21:04	4:04	1	-	6	12:41	119.00	11:06:37	5:36	9	1:20:17	176	3:01:25
Schildwiese	13.50	1:24:53	6:17	24	24:10	105	32:27	132.50	12:31:30	5:40	8	1:40:46	169	3:33:52
Brennersgrün	15.90	1:48:18	6:48	39	42:12	148	44:54	148.40	14:19:48	5:47	11	2:18:28	177	4:17:19
Blankenstein	20.30	1:58:06	5:49	24	33:04	105	44:38	168.70	16:17:54	5:47	13	2:42:13	70	5:01:57