



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Oßwald Damen

□□□: 13:14:51

□□: 6

□□: 12.68 km/h  
□□□□: 4:43 min/km

□□: 168.70 km  
Hörschel-Blankenstein

□□□□□: 7 (of 177)

□□□□□□: 11:15:57

□□□□:  
Frauenstaffel

□□□□□: 1(of 11)

□□□□□□□: 13:14:51

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:07:15	4:48	1	-	16	8:50	14.00	1:07:15	4:48	1	-	178	8:50
Kleiner Inselfber	19.60	1:36:42	4:56	1	-	29	19:33	33.60	2:43:57	4:52	1	-	178	28:07
Neue Ausspanne	14.00	57:02	4:04	1	-	7	6:06	47.60	3:40:59	4:38	1	-	178	34:13
Grenzdler	13.70	1:02:49	4:35	1	-	11	11:07	61.30	4:43:48	4:37	1	-	177	43:01
Allzunah	19.90	1:26:30	4:20	1	-	13	10:39	81.20	6:10:18	4:33	1	-	176	51:36
Masserberg	17.90	1:25:23	4:46	2	3:38	8	8:47	99.10	7:35:41	4:35	1	-	175	50:12
Neuhaus	19.90	1:39:09	4:58	1	-	27	30:46	119.00	9:14:50	4:39	1	-	176	1:09:38
Schildwiese	13.50	1:08:10	5:02	2	2:01	24	15:44	132.50	10:23:00	4:42	1	-	169	1:25:22
Brennersgrün	15.90	1:24:12	5:17	2	6:47	47	20:48	148.40	11:47:12	4:45	1	-	177	1:44:43
Blankenstein	20.30	1:27:39	4:19	1	-	10	14:11	168.70	13:14:51	4:42	1	-	7	1:58:54