



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

0000

Mush with friends

00: 557

00: 168.70 km

Hörschel-Blankenstein

0000:

Mixstaffel

000: 18:11:47

00: 9.23 km/h

0000: 6:28 min/km

00000: 156 (of 177)

000000: 11:15:57

00000: 38(of 48)

0000000: 13:35:41

0000

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 000	00 000	000	000 km	000 00	000 min/km	00 -	00 -	00 000	00 000
Hohe Sonne	14.00	1:23:41	5:58	25	23:56	121	25:16	14.00	1:23:41	5:58	25	23:56	178	25:16	
Kleiner Inselsber	19.60	2:08:03	6:31	42	44:06	156	50:54	33.60	3:31:44	6:18	38	55:16	178	1:15:54	
Neue Ausspanne	14.00	1:34:24	6:44	37	23:47	159	43:28	47.60	5:06:08	6:25	40	1:15:33	178	1:59:22	
Grenzadler	13.70	1:59:23	8:42	46	1:00:41	173	1:07:41	61.30	7:05:31	6:56	45	2:09:47	177	3:04:44	
Allzunah	19.90	1:58:28	5:57	33	36:07	122	42:37	81.20	9:03:59	6:41	43	2:39:42	176	3:45:17	
Masserberg	17.90	2:29:42	8:21	46	1:10:25	171	1:13:06	99.10	11:33:41	6:59	45	3:39:05	175	4:48:12	
Neuhaus	19.90	1:26:00	4:19	3	4:56	10	17:37	119.00	12:59:41	6:33	37	3:13:21	176	4:54:29	
Schildwiese	13.50	1:42:01	7:33	42	41:18	151	49:35	132.50	14:41:42	6:39	39	3:50:58	169	5:44:04	
Brennersgrün	15.90	1:28:59	5:35	11	22:53	70	25:35	148.40	16:10:41	6:32	38	4:09:21	177	6:08:12	
Blankenstein	20.30	2:01:06	5:57	28	36:04	115	47:38	168.70	18:11:47	6:28	38	4:36:06	157	6:55:50	