



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Adventslauf Team

□□□: 16:33:36

□□: 103

□□: 10.19 km/h

□□□□: 5:53 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 89 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 69(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:30:23	6:27	110	31:58	150	31:58	14.00	1:30:23	6:27	110	31:58	150	31:58
Kleiner Inselsber	19.60	2:02:52	6:16	101	45:43	143	45:43	33.60	3:33:15	6:20	105	1:17:25	151	1:17:25
Neue Ausspanne	14.00	1:33:00	6:38	109	42:04	155	42:04	47.60	5:06:15	6:26	115	1:59:29	162	1:59:29
Grenzadler	13.70	1:20:22	5:51	68	28:40	90	28:40	61.30	6:26:37	6:18	111	2:25:50	149	2:25:50
Allzunah	19.90	1:42:01	5:07	36	26:10	54	26:10	81.20	8:08:38	6:01	91	2:49:56	122	2:49:56
Masserberg	17.90	1:54:08	6:22	76	37:32	101	37:32	99.10	10:02:46	6:04	95	3:17:17	124	3:17:17
Neuhaus	19.90	2:05:00	6:16	80	56:37	112	56:37	119.00	12:07:46	6:06	96	4:02:34	126	4:02:34
Schildwiese	13.50	1:22:25	6:06	64	29:59	87	29:59	132.50	13:30:11	6:06	93	4:32:33	119	4:32:33
Brennersgrün	15.90	1:26:35	5:26	47	23:11	58	23:11	148.40	14:56:46	6:02	86	4:54:17	107	4:54:17
Blankenstein	20.30	1:36:50	4:46	23	23:22	31	23:22	168.70	16:33:36	5:53	69	5:17:39	89	5:17:39