



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Siemens / Energy Runners

□□□: 16:25:08

□□: 196

□□: 10.23 km/h

□□□□: 5:50 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 80 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 61(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□	
Hohe Sonne	14.00	1:23:12	5:56	89	24:47	118	24:47	14.00	1:23:12	5:56	89	24:47	118	24:47
Kleiner Inselfber	19.60	1:42:47	5:14	38	25:38	53	25:38	33.60	3:05:59	5:32	57	50:09	73	50:09
Neue Ausspanne	14.00	1:16:02	5:25	53	25:06	64	25:06	47.60	4:22:01	5:30	54	1:15:15	65	1:15:15
Grenzdler	13.70	1:20:18	5:51	65	28:36	87	28:36	61.30	5:42:19	5:35	55	1:41:32	69	1:41:32
Allzunah	19.90	2:30:25	7:33	117	1:14:34	175	1:14:34	81.20	8:12:44	6:04	98	2:54:02	133	2:54:02
Masserberg	17.90	1:49:56	6:08	66	33:20	87	33:20	99.10	10:02:40	6:04	94	3:17:11	123	3:17:11
Neuhaus	19.90	1:55:00	5:46	54	46:37	73	46:37	119.00	11:57:40	6:01	88	3:52:28	109	3:52:28
Schildwiese	13.50	1:16:29	5:39	48	24:03	61	24:03	132.50	13:14:09	5:59	81	4:16:31	103	4:16:31
Brennersgrün	15.90	1:32:31	5:49	67	29:07	89	29:07	148.40	14:46:40	5:58	78	4:44:11	98	4:44:11
Blankenstein	20.30	1:38:28	4:51	28	25:00	38	25:00	168.70	16:25:08	5:50	61	5:09:11	80	5:09:11