



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Die Pleißbezwinger

□□□: 16:54:27

□□: 134

□□: 9.94 km/h

□□□□: 6:01 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 104 (of 177)

□□□□□□: 11:15:57

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□□□□□: 81(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:14:13	5:18	40	15:48	52	15:48	14.00	1:14:13	5:18	40	15:48	52	15:48
Kleiner Inselsber	19.60	2:04:59	6:22	105	47:50	149	47:50	33.60	3:19:12	5:55	94	1:03:22	122	1:03:22
Neue Ausspanne	14.00	1:31:43	6:33	105	40:47	147	40:47	47.60	4:50:55	6:06	101	1:44:09	137	1:44:09
Grenzadler	13.70	1:08:08	4:58	21	16:26	27	16:26	61.30	5:59:03	5:51	79	1:58:16	98	1:58:16
Allzunah	19.90	2:03:14	6:11	94	47:23	136	47:23	81.20	8:02:17	5:56	81	2:43:35	109	2:43:35
Masserberg	17.90	2:01:59	6:48	94	45:23	132	45:23	99.10	10:04:16	6:05	96	3:18:47	128	3:18:47
Neuhaus	19.90	1:42:00	5:07	28	33:37	35	33:37	119.00	11:46:16	5:56	79	3:41:04	97	3:41:04
Schildwiese	13.50	1:44:30	7:44	102	52:04	155	52:04	132.50	13:30:46	6:07	94	4:33:08	122	4:33:08
Brennersgrün	15.90	1:30:30	5:41	59	27:06	77	27:06	148.40	15:01:16	6:04	89	4:58:47	111	4:58:47
Blankenstein	20.30	1:53:11	5:34	63	39:43	85	39:43	168.70	16:54:27	6:00	81	5:38:30	104	5:38:30