



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Osterlauf-Team Heyda

□□□: 17:09:21

□□: 188

□□: 9.79 km/h

□□□□: 6:06 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 118 (of 177)

□□□□□□: 11:15:57

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□□□□□: 91(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:31:23	6:31	111	32:58	155	32:58	14.00	1:31:23	6:31	111	32:58	155	32:58
Kleiner Inselsber	19.60	2:13:31	6:48	114	56:22	167	56:22	33.60	3:44:54	6:41	116	1:29:04	169	1:29:04
Neue Ausspanne	14.00	1:12:24	5:10	40	21:28	44	21:28	47.60	4:57:18	6:14	108	1:50:32	148	1:50:32
Grenzadler	13.70	1:16:57	5:37	50	25:15	66	25:15	61.30	6:14:15	6:06	98	2:13:28	131	2:13:28
Allzunah	19.90	1:37:09	4:52	24	21:18	33	21:18	81.20	7:51:24	5:48	72	2:32:42	95	2:32:42
Masserberg	17.90	2:08:12	7:09	102	51:36	146	51:36	99.10	9:59:36	6:03	92	3:14:07	121	3:14:07
Neuhaus	19.90	1:53:04	5:40	48	44:41	65	44:41	119.00	11:52:40	5:59	86	3:47:28	107	3:47:28
Schildwiese	13.50	1:36:25	7:08	94	43:59	140	43:59	132.50	13:29:05	6:06	91	4:31:27	117	4:31:27
Brennersgrün	15.90	1:24:20	5:18	42	20:56	48	20:56	148.40	14:53:25	6:01	85	4:50:56	106	4:50:56
Blankenstein	20.30	2:15:56	6:41	104	1:02:28	155	1:02:28	168.70	17:09:21	6:06	91	5:53:24	118	5:53:24