



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Luise Läufer

□□□: 16:30:33

□□: 179

□□: 10.18 km/h

□□□□: 5:52 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 85 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 65(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Hohe Sonne	14.00	1:16:05	5:26	49	17:40	65	17:40	14.00	1:16:05	5:26	49	17:40	65	17:40
Kleiner Inselsber	19.60	1:30:43	4:37	10	13:34	13	13:34	33.60	2:46:48	4:57	14	30:58	19	30:58
Neue Ausspanne	14.00	1:10:21	5:01	31	19:25	33	19:25	47.60	3:57:09	4:58	17	50:23	21	50:23
Grenzdler	13.70	1:10:51	5:10	29	19:09	38	19:09	61.30	5:08:00	5:01	15	1:07:13	19	1:07:13
Allzunah	19.90	1:55:17	5:47	76	39:26	109	39:26	81.20	7:03:17	5:12	27	1:44:35	32	1:44:35
Masserberg	17.90	1:44:13	5:49	43	27:37	56	27:37	99.10	8:47:30	5:19	30	2:02:01	36	2:02:01
Neuhaus	19.90	2:08:12	6:26	88	59:49	122	59:49	119.00	10:55:42	5:30	36	2:50:30	45	2:50:30
Schildwiese	13.50	1:52:53	8:21	109	1:00:27	166	1:00:27	132.50	12:48:35	5:48	53	3:50:57	69	3:50:57
Brennersgrün	15.90	1:52:03	7:02	105	48:39	154	48:39	148.40	14:40:38	5:56	72	4:38:09	92	4:38:09
Blankenstein	20.30	1:49:55	5:24	54	36:27	73	36:27	168.70	16:30:33	5:52	65	5:14:36	85	5:14:36