



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

0000

run for e-motion

000: 16:57:25

00: 192

00: 9.91 km/h

0000: 6:02 min/km

00: 168.70 km

Hörschel-Blankenstein

00000: 107 (of 177)

000000: 11:15:57

0000:

00000: 83(of 118)

Männerstaffel

0000000: 11:15:57

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Hohe Sonne	14.00	1:17:10	5:30	53	18:45	70	18:45	14.00	1:17:10	5:30	53	18:45	70	18:45
Kleiner Inselsber	19.60	1:37:40	4:58	26	20:31	35	20:31	33.60	2:54:50	5:12	29	39:00	37	39:00
Neue Ausspanne	14.00	1:24:07	6:00	84	33:11	109	33:11	47.60	4:18:57	5:26	48	1:12:11	56	1:12:11
Grenzdler	13.70	1:24:14	6:08	83	32:32	109	32:32	61.30	5:43:11	5:35	56	1:42:24	70	1:42:24
Allzunah	19.90	1:45:53	5:19	51	30:02	70	30:02	81.20	7:29:04	5:31	49	2:10:22	61	2:10:22
Masserberg	17.90	2:12:25	7:23	109	55:49	157	55:49	99.10	9:41:29	5:52	71	2:56:00	87	2:56:00
Neuhaus	19.90	1:49:35	5:30	40	41:12	55	41:12	119.00	11:31:04	5:48	61	3:25:52	77	3:25:52
Schildwiese	13.50	1:23:17	6:10	67	30:51	93	30:51	132.50	12:54:21	5:50	63	3:56:43	80	3:56:43
Brennersgrün	15.90	1:49:04	6:51	101	45:40	149	45:40	148.40	14:43:25	5:57	75	4:40:56	95	4:40:56
Blankenstein	20.30	2:14:00	6:36	101	1:00:32	150	1:00:32	168.70	16:57:25	6:01	83	5:41:28	107	5:41:28