



SES Nevis Range  
Nevis Range / 24.04.2022

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LAMONT, Mark

□□□: 27:29.57

□□: 91

SES 100

□□□□□: 116 (of 257)

□□□□□□: 22:41.74

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□□□□□: 7(of 28)

MEN MASTER 45+

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Stage 1	6:43.94	8	0:44.31	129	1:20.59	6:43.94	8	0:44.31	129	1:20.59
Stage 2	7:04.77	6	0:24.07	117	0:52.94	13:48.71	7	1:08.38	117	2:08.88
Stage 3	3:14.12	8	0:22.25	141	0:40.29	17:02.83	8	1:30.63	125	2:49.17
Stage 4	3:49.28	6	0:21.61	110	0:44.43	20:52.11	7	1:52.24	116	3:28.50
Stage 5	6:37.46	7	0:36.55	126	1:19.33	27:29.57	7	2:28.79	116	4:47.83