



1. Staffellauf - Rund um Arnstadt

Arnstadt / 23.04.2022

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Katholische Laufjugend Arnstadt

□□□: 5:17:52

□□: 10

□□: 11.14 km/h

□□□□: 5:20 min/km

□□: 59.60 km

Rund um Arnstadt

□□□□□: 11 (of 16)

□□□□□□: 4:08:29

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□□□□□: 11(of 16)

Staffel

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Rudisleben	6.60	36:17	5:29	10	12:23	10	12:23	6.60	36:17	5:29	10	12:23	10	12:23
Marlishausen	7.80	34:56	4:28	8	7:36	8	7:36	14.40	1:11:13	4:56	10	19:59	10	19:59
Angelhausen	6.00	35:31	5:55	15	11:02	15	11:02	20.40	1:46:44	5:13	13	30:11	13	30:11
Roda	7.40	42:17	5:42	15	12:32	15	12:32	27.80	2:29:01	5:21	15	42:43	15	42:43
Neuroda	7.10	42:37	6:00	14	13:00	14	13:00	34.90	3:11:38	5:29	14	55:43	14	55:43
Reinsfeld	9.80	53:46	5:29	12	15:47	12	15:47	44.70	4:05:24	5:29	13	59:33	13	59:33
Dosdorf	6.90	31:52	4:37	6	4:46	6	4:46	51.60	4:37:16	5:22	12	1:01:44	12	1:01:44
Arnstadt Markt	8.00	40:36	5:04	7	7:39	7	7:39	59.60	5:17:52	5:19	11	1:09:23	11	1:09:23