



14. thüringen ULTRA  
Fröttstädt / 02.07.2022

0000

Volker Ehrlich

00: Impuls Erfurt

00: 11

00: 100.22 km

100 Kilometer

0000:

Senioren M60 (60-64 Jahre)

000: 13:33:34

00: 7.37 km/h

0000: 8:07 min/km

00000/000: 96 (of 187)

00000/0: 83 (of 159)

000000: 8:24:01

00000: 4(of 20)

0000000: 12:09:04

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:21:53	7:28	6	19:08	88	1:14:06	27.00	3:21:53	7:28	6	19:08	88	1:14:06
Floh-Seligenthal	27.00	3:26:06	7:37	4	18:39	80	1:11:28	54.00	6:47:59	7:33	4	31:13	83	2:25:34
Finsterbergen	22.00	3:13:59	8:49	4	17:20	83	1:17:43	76.00	10:01:58	7:55	4	45:53	83	3:43:17
Ziel	24.22	3:31:36	8:44	9	38:37	91	3:31:36	100.22	13:33:34	8:07	4	1:24:30	83	5:09:33