



14. thüringen ULTRA
Fröttstädt / 02.07.2022

□□□□

Thomas Weig

□□: 45

□□: 100.22 km
100 Kilometer

□□□□:
Senioren M35 (35-39 Jahre)

□□□: 12:04:57

□□: 8.28 km/h
□□□□: 7:14 min/km

□□□□□/□□□: 54 (of 187)

□□□□□/□: 52 (of 159)

□□□□□□: 8:24:01

□□□□□: 7(of 11)

□□□□□□□: 8:54:35

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|------------------|----------|----------|--------------|---------|---------|---------|---------|--------|----------|------|---------|---------|---------|---------|
| Glasbachwiese | 27.00 | 3:11:49 | 7:06 | 9 | 56:18 | 67 | 1:04:02 | 27.00 | 3:11:49 | 7:06 | 9 | 56:18 | 67 | 1:04:02 |
| Floh-Seligenthal | 27.00 | 2:56:23 | 6:31 | 7 | 37:57 | 38 | 41:45 | 54.00 | 6:08:12 | 6:49 | 7 | 1:34:15 | 46 | 1:45:47 |
| Finsterbergen | 22.00 | 2:54:22 | 7:55 | 7 | 42:46 | 53 | 58:06 | 76.00 | 9:02:34 | 7:08 | 7 | 2:15:59 | 46 | 2:43:53 |
| Ziel | 24.22 | 3:02:23 | 7:31 | 7 | 58:18 | 56 | 3:02:23 | 100.22 | 12:04:57 | 7:14 | 7 | 3:10:22 | 52 | 3:40:56 |