



14. thüringen ULTRA
Fröttstädt / 02.07.2022

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Alex Miller

□□: Team Miller-Udell

□□: 23

□□: 100.22 km

100 Kilometer

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 12:42:40

□□: 7.87 km/h

□□□□: 7:36 min/km

□□□□□/□□□: 69 (of 187)

□□□□□/□: 64 (of 159)

□□□□□□: 8:24:01

□□□□□: 13(of 22)

□□□□□□□: 8:24:01

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Glasbachwiese	27.00	3:19:32	7:23	17	1:11:45	81	1:11:45	27.00	3:19:32	7:23	17	1:11:45	81	1:11:45
Floh-Seligenthal	27.00	3:20:38	7:25	13	1:06:00	70	1:06:00	54.00	6:40:10	7:24	16	2:17:45	77	2:17:45
Finsterbergen	22.00	2:56:27	8:01	10	1:00:11	58	1:00:11	76.00	9:36:37	7:35	14	3:17:56	69	3:17:56
Ziel	24.22	3:06:03	7:40	12	3:06:03	59	3:06:03	100.22	12:42:40	7:36	13	4:18:39	64	4:18:39