



14. thüringen ULTRA  
Fröttstädt / 02.07.2022

□□□□

Thomas Fanslau

□□□: 12:46:07

□□: 129

□□: 7.83 km/h

□□□□: 7:38 min/km

□□: 100.22 km

□□□□□/□□□: 72 (of 187)

100 Kilometer

□□□□□/□: 66 (of 159)

□□□□□□: 8:24:01

□□□□:

□□□□□: 18(of 36)

Senioren M50 (50-54 Jahre)

□□□□□□□: 9:56:21

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Glasbachwiese	27.00	3:16:17	7:16	20	39:40	73	1:08:30	27.00	3:16:17	7:16	20	39:40	73	1:08:30
Floh-Seligenthal	27.00	3:13:44	7:10	16	37:08	60	59:06	54.00	6:30:01	7:13	17	1:13:37	65	2:07:36
Finsterbergen	22.00	3:02:38	8:18	18	45:23	65	1:06:22	76.00	9:32:39	7:32	18	1:58:24	67	3:13:58
Ziel	24.22	3:13:28	7:59	19	3:13:28	69	3:13:28	100.22	12:46:07	7:38	18	2:49:46	66	4:22:06