



3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

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Schickert Simon

□□: TSG Schwäbisch Hall

□□: 108

□□: 100.00 km

Ultra-Marathon

□□□□:

Senioren M35 (35-39 Jahre)

□□□□□/□□□: DNF (of 102)

□□□□□/□: DNF (of 86)

□□□□□□: 8:42:41

□□□□□: DNF(of 10)

□□□□□□□: 9:56:21

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Südergellersen	10.30	48:03	4:39	1	-	2	0:06	10.30	48:03	4:39	1	-	2	0:06	
Amelinghausen	13.80	1:04:12	4:39	1	-	1	-	24.10	1:52:15	4:39	1	-	1	-	
Schwindebeck	9.40	51:44	5:30	2	7:50	8	7:50	33.50	2:43:59	4:53	3	26:39	6	26:39	
Bispingen	8.90	50:09	5:38	2	8:07	7	8:07	42.40	3:34:08	5:03	3	1:16:48	8	1:16:48	
Overhaverbeck	10.80	1:11:42	6:38	4	16:10	22	18:02	53.20	4:45:50	5:22	2	31:28	6	31:28	
Undeloh	6.90	1:28:10	12:46	8	45:33	62	53:34	60.10	6:14:00	6:13	4	1:17:01	20	1:17:01	
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-	
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-	
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-	
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-	