



3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

□□□□

Scheidler Arnt

□□: TV Goldbach

□□: 105

□□: 100.00 km

Ultra-Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□□□/□□□: DNF (of 102)

□□□□□/□: DNF (of 86)

□□□□□□: 8:42:41

□□□□□: DNF(of 20)

□□□□□□□: 10:11:17

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Südergellersen	10.30	1:08:29	6:38	13	13:08	60	20:32	10.30	1:08:29	6:38	13	13:08	60	20:32	
Amelinghausen	13.80	1:34:26	6:50	11	20:09	60	30:14	24.10	2:42:55	6:45	11	32:15	60	50:40	
Schwindebeck	9.40	1:05:33	6:58	8	8:47	45	21:39	33.50	3:48:28	6:49	9	39:41	56	1:31:08	
Bispingen	8.90	1:01:26	6:54	4	8:20	35	19:24	42.40	4:49:54	6:50	10	41:17	55	2:32:34	
Overhaverbeck	10.80	2:57:38	16:26	16	1:52:25	74	2:03:58	53.20	7:47:32	8:47	16	2:33:42	72	3:33:10	
Undeloh	6.90	fehlt!	-	-	-	-	-	60.10	-	-	-	-	-	-	
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-	
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-	
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-	
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-	