



### 3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

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#### Scheidler Arnt

□□: TV Goldbach

□□: 105

□□: 100.00 km

Ultra-Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□□□/□□□: DNF (of 102)

□□□□□/□: DNF (of 86)

□□□□□□: 8:42:41

□□□□□: DNF(of 20)

□□□□□□□: 10:11:17

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□□□□

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| □□□            | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□    | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|----------------|----------|----------|--------------|---------|---------|---------|---------|--------|-----------|-----------|---------------|---------|---------|---------|---------|
| Südergellersen | 10.30    | 1:08:29  | 6:38         | 13      | 13:08   | 60      | 20:32   | 10.30  | 1:08:29   | 6:38      | 13            | 13:08   | 60      | 20:32   |         |
| Amelinghausen  | 13.80    | 1:34:26  | 6:50         | 11      | 20:09   | 60      | 30:14   | 24.10  | 2:42:55   | 6:45      | 11            | 32:15   | 60      | 50:40   |         |
| Schwindebeck   | 9.40     | 1:05:33  | 6:58         | 8       | 8:47    | 45      | 21:39   | 33.50  | 3:48:28   | 6:49      | 9             | 39:41   | 56      | 1:31:08 |         |
| Bispingen      | 8.90     | 1:01:26  | 6:54         | 4       | 8:20    | 35      | 19:24   | 42.40  | 4:49:54   | 6:50      | 10            | 41:17   | 55      | 2:32:34 |         |
| Overhaverbeck  | 10.80    | 2:57:38  | 16:26        | 16      | 1:52:25 | 74      | 2:03:58 | 53.20  | 7:47:32   | 8:47      | 16            | 2:33:42 | 72      | 3:33:10 |         |
| Undeloh        | 6.90     | fehlt!   | -            | -       | -       | -       | -       | 60.10  | -         | -         | -             | -       | -       | -       |         |
| Egestorf       | 9.20     | fehlt!   | -            | -       | -       | -       | -       | 69.30  | -         | -         | -             | -       | -       | -       |         |
| Salzhausen     | 10.70    | fehlt!   | -            | -       | -       | -       | -       | 80.00  | -         | -         | -             | -       | -       | -       |         |
| Südergellersen | 10.90    | fehlt!   | -            | -       | -       | -       | -       | 90.90  | -         | -         | -             | -       | -       | -       |         |
| Sülzwiesen     | 9.10     | fehlt!   | -            | -       | -       | -       | -       | 100.00 | -         | -         | -             | -       | -       | -       |         |