



3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

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Zimmermann Ulrich

□□: SG Stern Bremen

□□: 150

□□: 100.00 km

Ultra-Marathon

□□□□:

Senioren M60 (60-64 Jahre)

□□□□□/□□□: DNF (of 102)

□□□□□/□: DNF (of 86)

□□□□□□: 8:42:41

□□□□□: DNF(of 7)

□□□□□□□: 12:48:06

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Südergellersen	10.30	1:11:40	6:57	6	11:20	73	23:43	10.30	1:11:40	6:57	6	11:20	73	23:43	
Amelinghausen	13.80	1:39:06	7:10	6	17:11	70	34:54	24.10	2:50:46	7:05	6	28:31	72	58:31	
Schwindebeck	9.40	1:09:56	7:26	5	11:09	57	26:02	33.50	4:00:42	7:11	5	39:01	68	1:43:22	
Bispingen	8.90	1:14:18	8:20	5	16:50	61	32:16	42.40	5:15:00	7:25	5	51:45	67	2:57:40	
Overhaverbeck	10.80	1:47:55	9:59	7	36:44	68	54:15	53.20	7:02:55	7:56	5	1:23:45	62	2:48:33	
Undeloh	6.90	-	-	6		63		60.10	7:02:55	7:02	4	1:04:54	45	2:05:56	
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-	
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-	
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-	
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-	