



3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

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Athletes No Meat

□□: No Meat Athletes

□□: 328

□□: 100.00 km

5-10er-Staffel

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5-10er Staffel

□□□: 11:27:38

□□: 8.73 km/h

□□□□: 06:52 min/km

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□□□□□□: 7:05:57

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Südergellersen	10.30	1:13:02	7:05	31	34:53	31	34:53	10.30	1:13:02	7:05	31	34:53	31	34:53
Amelinghausen	13.80	1:14:32	5:24	16	23:28	16	23:28	24.10	2:27:34	6:07	25	1:22:14	25	1:22:14
Schwindebeck	9.40	54:10	5:45	13	17:30	13	17:30	33.50	3:21:44	6:01	22	1:15:51	22	1:15:51
Bispingen	8.90	1:05:12	7:19	26	25:44	26	25:44	42.40	4:26:56	6:17	24	1:36:47	24	1:36:47
Overhaverbeck	10.80	1:05:27	6:03	22	18:36	22	18:36	53.20	5:32:23	6:14	23	1:55:23	23	1:55:23
Undeloh	6.90	46:03	6:40	20	16:22	20	16:22	60.10	6:18:26	6:17	23	2:11:30	23	2:11:30
Egestorf	9.20	56:41	6:09	14	16:42	14	16:42	69.30	7:15:07	6:16	23	2:28:12	23	2:28:12
Salzhausen	10.70	1:15:29	7:03	28	35:48	28	35:48	80.00	8:30:36	6:22	23	3:04:00	23	3:04:00
Südergellersen	10.90	2:04:14	11:23	32	1:15:20	32	1:15:20	90.90	10:34:50	6:59	27	4:14:04	27	4:14:04
Sülzwiesen	9.10	52:48	5:48	17	12:50	17	12:50	100.00	11:27:38	6:52	28	4:21:41	28	4:21:41