



### 3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

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Möller Jonathan

□□□: 13:36:57

□□: 83

□□: 7.34 km/h

□□□□: 08:10 min/km

□□: 100.00 km

□□□□□/□□□: 46 (of 102)

Ultra-Marathon

□□□□□/□: 40 (of 86)

□□□□□□: 8:42:41

□□□□:

□□□□□: 2(of 3)

Männer (20-29 Jahre)

□□□□□□□: 10:32:18

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Südergellersen	10.30	56:33	5:29	2	3:07	15	8:36	10.30	56:33	5:29	2	3:07	15	8:36	
Amelinghausen	13.80	1:22:15	5:57	2	3:12	32	18:03	24.10	2:18:48	5:45	2	6:19	27	26:33	
Schwindebeck	9.40	1:01:03	6:29	2	11:37	40	17:09	33.50	3:19:51	5:57	2	17:56	31	1:02:31	
Bispingen	8.90	1:05:21	7:20	2	17:22	45	23:19	42.40	4:25:12	6:15	2	35:18	43	2:07:52	
Overhaverbeck	10.80	1:23:55	7:46	2	25:42	35	30:15	53.20	5:49:07	6:33	2	1:01:00	36	1:34:45	
Undeloh	6.90	57:17	8:18	2	13:16	32	22:41	60.10	6:46:24	6:45	2	1:14:16	38	1:49:25	
Egestorf	9.20	1:36:41	10:30	2	30:39	47	47:05	69.30	8:23:05	7:15	2	1:44:55	34	2:30:56	
Salzhausen	10.70	1:41:35	9:29	2	18:24	43	44:08	80.00	10:04:40	7:33	2	2:03:19	34	3:12:25	
Südergellersen	10.90	2:04:59	11:27	2	40:08	56	1:00:48	90.90	12:09:39	8:01	2	2:43:27	37	4:13:13	
Sülzwiesen	9.10	1:27:18	9:35	2	21:12	46	41:03	100.00	13:36:57	8:10	2	3:04:39	40	4:54:16	