



3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

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Pitsch Udo

□□: TG Viktoria Augsburg

□□: 92

□□: 100.00 km

Ultra-Marathon

□□□□:

Senioren M65 (65-69 Jahre)

□□□: 14:06:38

□□: 7.09 km/h

□□□□: 08:28 min/km

□□□□□/□□□□: 53 (of 102)

□□□□□/□: 46 (of 86)

□□□□□□: 8:42:41

□□□□□: 1(of 1)

□□□□□□□: 14:06:38

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Südergellersen	10.30	1:11:19	6:55	1	-	69	23:22	10.30	1:11:19	6:55	1	-	69	23:22	
Amelinghausen	13.80	1:42:44	7:26	1	-	74	38:32	24.10	2:54:03	7:13	1	-	73	1:01:48	
Schwindebeck	9.40	1:09:12	7:21	1	-	54	25:18	33.50	4:03:15	7:15	1	-	69	1:45:55	
Bispingen	8.90	1:08:47	7:43	1	-	52	26:45	42.40	5:12:02	7:21	1	-	63	2:54:42	
Overhaverbeck	10.80	1:31:55	8:30	1	-	47	38:15	53.20	6:43:57	7:35	1	-	53	2:29:35	
Undeloh	6.90	1:08:20	9:54	1	-	52	33:44	60.10	7:52:17	7:51	1	-	56	2:55:18	
Egestorf	9.20	1:31:09	9:54	1	-	40	41:33	69.30	9:23:26	8:07	1	-	48	3:31:17	
Salzhausen	10.70	1:43:48	9:42	1	-	48	46:21	80.00	11:07:14	8:20	1	-	49	4:14:59	
Südergellersen	10.90	1:43:27	9:29	1	-	38	39:16	90.90	12:50:41	8:28	1	-	47	4:54:15	
Sülzwiesen	9.10	1:15:57	8:20	1	-	34	29:42	100.00	14:06:38	8:27	1	-	46	5:23:57	