



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

0000

Martin Wilhelmi

000: 2:40:47

00: 31

00: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

00000/000: 35 (of 42)

00000/0: 29 (of 34)

000000: 1:49:44

0000:

Olymp Senioren 3 MK50

00000: 3(of 4)

0000000: 2:23:45

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	27:49	22:15	2	5:19	21	9:19	1.25	27:49	22:15	2	5:19	35	9:19
Wechsel S -> R	-	3:45	-	3	0:39	23	2:02	1.25	31:34	25:15	2	5:48	35	11:21
Schwimmen 000	1.25	31:34	25:15	2	5:48	35	11:21	1.25	31:34	25:15	2	5:48	35	11:21
Rad netto	38.00	1:14:10	1:57	3	3:40	28	21:24	39.25	1:45:44	2:41	3	9:28	35	32:17
Wechsel R -> L	-	1:35	-	2	0:06	14	0:43	39.25	1:47:19	2:44	3	9:27	35	33:00
Rad 000	38.00	1:15:45	1:59	3	3:39	27	22:07	39.25	1:47:19	2:44	3	9:27	35	33:00
Lauf	10.00	53:28	5:20	3	7:35	31	18:03	49.25	2:40:47	3:15	3	17:02	29	51:03