



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

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Markus Klöpfel

000: 2:56:41

00: 33

00: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

00000/000: 41 (of 42)

00000/0: 34 (of 34)

000000: 1:49:44

0000:

Olymp Senioren 3 MK50

00000: 4(of 4)

0000000: 2:23:45

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	29:52	23:53	3	7:22	25	11:22	1.25	29:52	23:53	3	7:22	35	11:22
Wechsel S -> R	-	5:21	-	4	2:15	34	3:38	1.25	35:13	28:10	4	9:27	35	15:00
Schwimmen 000	1.25	35:13	28:10	4	9:27	35	15:00	1.25	35:13	28:10	4	9:27	35	15:00
Rad netto	38.00	1:20:41	2:07	4	10:11	34	27:55	39.25	1:55:54	2:57	4	19:38	35	42:27
Wechsel R -> L	-	2:12	-	4	0:43	29	1:20	39.25	1:58:06	3:00	4	20:14	35	43:47
Rad 000	38.00	1:22:53	2:10	4	10:47	34	29:15	39.25	1:58:06	3:00	4	20:14	35	43:47
Lauf	10.00	58:35	5:51	4	12:42	34	23:10	49.25	2:56:41	3:35	4	32:56	34	1:06:57