



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

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Torsten Erlebach

000: 2:51:42

00: Tria 03 Großenhausen

00: 39

00: 49.25 km

00000/000: 40 (of 42)

Chari Tria Olymp (1,25-38.0-10,0)

00000/0: 33 (of 34)

000000: 1:49:44

0000:

00000: 2(of 2)

Olymp Senioren 5 MK60

0000000: 2:30:19

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	30:15	24:11	1	-	28	11:45	1.25	30:15	24:11	1	-	35	11:45
Wechsel S -> R	-	4:50	-	2	1:37	31	3:07	1.25	35:05	28:04	1	-	35	14:52
Schwimmen 000	1.25	35:05	28:04	1	-	35	14:52	1.25	35:05	28:04	1	-	35	14:52
Rad netto	38.00	1:19:07	2:04	2	12:01	33	26:21	39.25	1:54:12	2:54	2	10:38	35	40:45
Wechsel R -> L	-	2:07	-	2	0:24	27	1:15	39.25	1:56:19	2:57	2	11:02	35	42:00
Rad 000	38.00	1:21:14	2:08	2	12:25	33	27:36	39.25	1:56:19	2:57	2	11:02	35	42:00
Lauf	10.00	55:23	5:32	2	10:21	32	19:58	49.25	2:51:42	3:29	2	21:23	33	1:01:58