



# 10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

0000

Hermann Kracht

000: 2:44:38

00: DLRG Tri-Team Wetzlar

00: 41

00: 49.25 km

00000/000: 37 (of 42)

Chari Tria Olymp (1,25-38.0-10,0)

00000/0: 31 (of 34)

000000: 1:49:44

0000:

00000: 1(of 1)

Olymp Senioren 7 MK70

0000000: 2:44:38

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	30:57	24:45	1	-	31	12:27	1.25	30:57	24:45	1	-	35	12:27
Wechsel S -> R	-	4:16	-	1	-	30	2:33	1.25	35:13	28:10	1	-	35	15:00
Schwimmen 000	1.25	35:13	28:10	1	-	35	15:00	1.25	35:13	28:10	1	-	35	15:00
Rad netto	38.00	1:15:31	1:59	1	-	32	22:45	39.25	1:50:44	2:49	1	-	35	37:17
Wechsel R -> L	-	2:12	-	1	-	29	1:20	39.25	1:52:56	2:52	1	-	35	38:37
Rad 000	38.00	1:17:43	2:02	1	-	32	24:05	39.25	1:52:56	2:52	1	-	35	38:37
Lauf	10.00	51:42	5:10	1	-	27	16:17	49.25	2:44:38	3:20	1	-	31	54:54