



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

□□□□

Michaela Scheer

□□□: 2:59:25

□□: Tanzschule Scheer

□□: 26

□□: 49.25 km

□□□□□/□□□: 42 (of 42)

Chari Tria Olymp (1,25-38.0-10,0)

□□□□□/□: 8 (of 8)

□□□□□□: 2:07:43

□□□□:

□□□□□: 1(of 1)

Olymp Seniorinnen 2 WK45

□□□□□□□: 2:59:25

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	1.25	31:25	25:07	1	-	6	11:36	1.25	31:25	25:07	1	-	9	11:36
Wechsel S -> R	-	3:37	-	1	-	5	3:37	1.25	35:02	28:01	1	-	9	12:56
Schwimmen □□□	1.25	35:02	28:01	1	-	9	12:56	1.25	35:02	28:01	1	-	9	12:56
Rad netto	38.00	1:20:20	2:06	1	-	8	17:22	39.25	1:55:22	2:56	1	-	9	29:26
Wechsel R -> L	-	1:44	-	1	-	4	0:33	39.25	1:57:06	2:59	1	-	9	29:58
Rad □□□	38.00	1:22:04	2:09	1	-	8	17:54	39.25	1:57:06	2:59	1	-	9	29:58
Lauf	10.00	1:02:19	6:13	1	-	8	21:44	49.25	2:59:25	3:38	1	-	8	51:42