



# 10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

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**Almut Edinger**

□□□: 2:38:01

□□: Team Erdinger alkoholfrei

□□: 46

□□: 49.25 km

□□□□□/□□□: 32 (of 42)

Chari Tria Olymp (1,25-38.0-10,0)

□□□□□/□: 6 (of 8)

□□□□□□: 2:07:43

□□□□:

□□□□□: 1(of 1)

Olymp Seniorinnen 3 WK50

□□□□□□□: 2:38:01

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	1.25	28:52	23:05	1	-	5	9:03	1.25	28:52	23:05	1	-	9	9:03	
Wechsel S -> R	-	4:32	-	1	-	7	4:32	1.25	33:24	26:43	1	-	9	11:18	
Schwimmen □□□	1.25	33:24	26:43	1	-	9	11:18	1.25	33:24	26:43	1	-	9	11:18	
Rad netto	38.00	1:13:11	1:55	1	-	4	10:13	39.25	1:46:35	2:42	1	-	9	20:39	
Wechsel R -> L	-	1:46	-	1	-	6	0:35	39.25	1:48:21	2:45	1	-	9	21:13	
Rad □□□	38.00	1:14:57	1:58	1	-	4	10:47	39.25	1:48:21	2:45	1	-	9	21:13	
Lauf	10.00	49:40	4:58	1	-	5	9:05	49.25	2:38:01	3:12	1	-	6	30:18	