



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

0000

Tilda Faust

000: 16:16

00: TV Kefenrod

00: 309

00: 3.00 km

Chari Tria Youth 1 (0,1-2,5-0,4)

00000/000: 9 (of 9)

00000/0: 5 (of 5)

000000: 11:08

0000:

Schülerinnen C (8-9 J.)

00000: 5(of 5)

0000000: 11:08

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0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|----------------|------|------|--------|----|------|----|------|------|-------|--------|----|------|----|------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Schwimmen nett | 0.10 | 3:12 | 32:00 | 5 | 1:23 | 5 | 1:23 | 0.10 | 3:12 | 32:00 | 5 | 1:23 | 5 | 1:23 |
| Wechsel S -> R | - | 2:26 | - | 5 | 1:00 | 5 | 1:00 | 0.10 | 5:38 | 56:20 | 5 | 2:23 | 5 | 2:23 |
| Schwimmen 000 | 0.10 | 5:38 | 56:20 | 5 | 2:23 | 5 | 2:23 | 0.10 | 5:38 | 56:20 | 5 | 2:23 | 5 | 2:23 |
| Rad netto | 2.50 | 7:08 | 2:51 | 5 | 1:49 | 5 | 1:49 | 2.60 | 12:46 | 4:54 | 5 | 4:12 | 5 | 4:12 |
| Wechsel R -> L | - | 1:03 | - | 4 | 0:19 | 4 | 0:19 | 2.60 | 13:49 | 5:18 | 5 | 4:31 | 5 | 4:31 |
| Rad 000 | 2.50 | 8:11 | 3:16 | 5 | 2:08 | 5 | 2:08 | 2.60 | 13:49 | 5:18 | 5 | 4:31 | 5 | 4:31 |
| Lauf | 0.40 | 2:27 | 6:07 | 5 | 0:54 | 5 | 0:54 | 3.00 | 16:16 | 5:25 | 5 | 5:08 | 5 | 5:08 |