



# 10. VR Bank Charity Triathlon Bidingen

Bidingen / 29.05.2022

0000

Cara Bugert

000: 20:19

00: TSV Amicitia Viernheim

00: 337

00: 6.20 km

00000/000: 7 (of 18)

Chari Tria Youth 2 (0,2-5,0-1,0)

00000/0: 1 (of 6)

000000: 20:19

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00000: 1(of 6)

Schülerinnen B (10-11 J.)

0000000: 20:19

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| 000            | 00   | 00    | 00     | 00 | 00   | 00 | 00   | 000  | 000   | 000    | 00 | 00   | 00 | 00   |
|----------------|------|-------|--------|----|------|----|------|------|-------|--------|----|------|----|------|
|                | km   | 00    | min/km | -  | -    | 0  | 0    | km   | 00    | min/km | -  | -    | 0  | 0    |
| Schwimmen nett | 0.20 | 4:12  | 21:00  | 4  | 0:24 | 4  | 0:24 | 0.20 | 4:12  | 21:00  | 4  | 0:24 | 4  | 0:24 |
| Wechsel S -> R | -    | 1:27  | -      | 1  | -    | 1  | -    | 0.20 | 5:39  | 28:15  | 2  | 0:22 | 2  | 0:22 |
| Schwimmen 000  | 0.20 | 5:39  | 28:15  | 2  | 0:22 | 2  | 0:22 | 0.20 | 5:39  | 28:15  | 2  | 0:22 | 2  | 0:22 |
| Rad netto      | 5.00 | 9:22  | 1:52   | 1  | -    | 1  | -    | 5.20 | 15:01 | 2:53   | 1  | -    | 1  | -    |
| Wechsel R -> L | -    | 0:42  | -      | 1  | -    | 1  | -    | 5.20 | 15:43 | 3:01   | 1  | -    | 1  | -    |
| Rad 000        | 5.00 | 10:04 | 2:00   | 1  | -    | 1  | -    | 5.20 | 15:43 | 3:01   | 1  | -    | 1  | -    |
| Lauf           | 1.00 | 4:36  | 4:35   | 1  | -    | 1  | -    | 6.20 | 20:19 | 3:16   | 1  | -    | 1  | -    |