



10. VR Bank Charity Triathlon Bidingen

Bidingen / 29.05.2022

0000

Cara Bugert

000: 20:19

00: TSV Amicitia Viernheim

00: 337

00: 6.20 km

00000/000: 7 (of 18)

Chari Tria Youth 2 (0,2-5,0-1,0)

00000/0: 1 (of 6)

000000: 20:19

0000:

00000: 1(of 6)

Schülerinnen B (10-11 J.)

0000000: 20:19

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.20	4:12	21:00	4	0:24	4	0:24	0.20	4:12	21:00	4	0:24	4	0:24
Wechsel S -> R	-	1:27	-	1	-	1	-	0.20	5:39	28:15	2	0:22	2	0:22
Schwimmen 000	0.20	5:39	28:15	2	0:22	2	0:22	0.20	5:39	28:15	2	0:22	2	0:22
Rad netto	5.00	9:22	1:52	1	-	1	-	5.20	15:01	2:53	1	-	1	-
Wechsel R -> L	-	0:42	-	1	-	1	-	5.20	15:43	3:01	1	-	1	-
Rad 000	5.00	10:04	2:00	1	-	1	-	5.20	15:43	3:01	1	-	1	-
Lauf	1.00	4:36	4:35	1	-	1	-	6.20	20:19	3:16	1	-	1	-