



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

□□□□

JAKOB BOBERG

□□□: 38:44

□□: Höchster Schwimmverein

□□: 409

□□: 12.90 km

Chari Tria Youth 3 (0,4-10,0-2,5)

□□□□□/□□□: 5 (of 46)

□□□□□/□: 5 (of 28)

□□□□□□: 35:16

□□□□:

Jugend B (14-15 J.)

□□□□□: 5(of 14)

□□□□□□□: 35:16

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.40	6:19	15:47	7	0:48	8	0:48	0.40	6:19	15:47	7	0:48	8	0:48
Wechsel S -> R	-	1:46	-	12	0:33	19	0:33	0.40	8:05	20:12	8	1:07	11	1:07
Schwimmen □□□	0.40	8:05	20:12	8	1:07	11	1:07	0.40	8:05	20:12	8	1:07	11	1:07
Rad netto	10.00	19:04	1:54	3	1:07	3	1:07	10.40	27:09	2:36	4	2:12	4	2:12
Wechsel R -> L	-	0:43	-	5	0:04	9	0:04	10.40	27:52	2:40	4	2:16	4	2:16
Rad □□□	10.00	19:47	1:58	3	1:11	3	1:11	10.40	27:52	2:40	4	2:16	4	2:16
Lauf	2.50	10:52	4:20	7	1:12	8	1:12	12.90	38:44	3:00	5	3:28	5	3:28