



# 10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

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**Felix Bugert**

□□□: 39:43

□□: TSV Amicitia Viernheim

□□: 415

□□: 12.90 km

Chari Tria Youth 3 (0,4-10,0-2,5)

□□□□□/□□□: 10 (of 46)

□□□□□/□: 9 (of 28)

□□□□□□: 35:16

□□□□:

Jugend B (14-15 J.)

□□□□□: 8(of 14)

□□□□□□□: 35:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.40	6:32	16:19	10	1:01	12	1:01	0.40	6:32	16:19	10	1:01	12	1:01
Wechsel S -> R	-	1:21	-	3	0:08	4	0:08	0.40	7:53	19:42	7	0:55	8	0:55
Schwimmen □□□	0.40	7:53	19:42	7	0:55	8	0:55	0.40	7:53	19:42	7	0:55	8	0:55
Rad netto	10.00	20:13	2:01	9	2:16	9	2:16	10.40	28:06	2:42	9	3:09	9	3:09
Wechsel R -> L	-	0:45	-	8	0:06	12	0:06	10.40	28:51	2:46	9	3:15	9	3:15
Rad □□□	10.00	20:58	2:05	9	2:22	9	2:22	10.40	28:51	2:46	9	3:15	9	3:15
Lauf	2.50	10:52	4:20	7	1:12	8	1:12	12.90	39:43	3:04	8	4:27	9	4:27