



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

□□□□

Felix Bugert

□□□: 39:43

□□: TSV Amicitia Viernheim

□□: 415

□□: 12.90 km

□□□□□/□□□: 10 (of 46)

Chari Tria Youth 3 (0,4-10,0-2,5)

□□□□□/□: 9 (of 28)

□□□□□□: 35:16

□□□□:

□□□□□: 8(of 14)

Jugend B (14-15 J.)

□□□□□□□: 35:16

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-------|-------|---------|---------|---------|---------|
| Schwimmen nett | 0.40 | 6:32 | 16:19 | 10 | 1:01 | 12 | 1:01 | 0.40 | 6:32 | 16:19 | 10 | 1:01 | 12 | 1:01 |
| Wechsel S -> R | - | 1:21 | - | 3 | 0:08 | 4 | 0:08 | 0.40 | 7:53 | 19:42 | 7 | 0:55 | 8 | 0:55 |
| Schwimmen □□□ | 0.40 | 7:53 | 19:42 | 7 | 0:55 | 8 | 0:55 | 0.40 | 7:53 | 19:42 | 7 | 0:55 | 8 | 0:55 |
| Rad netto | 10.00 | 20:13 | 2:01 | 9 | 2:16 | 9 | 2:16 | 10.40 | 28:06 | 2:42 | 9 | 3:09 | 9 | 3:09 |
| Wechsel R -> L | - | 0:45 | - | 8 | 0:06 | 12 | 0:06 | 10.40 | 28:51 | 2:46 | 9 | 3:15 | 9 | 3:15 |
| Rad □□□ | 10.00 | 20:58 | 2:05 | 9 | 2:22 | 9 | 2:22 | 10.40 | 28:51 | 2:46 | 9 | 3:15 | 9 | 3:15 |
| Lauf | 2.50 | 10:52 | 4:20 | 7 | 1:12 | 8 | 1:12 | 12.90 | 39:43 | 3:04 | 8 | 4:27 | 9 | 4:27 |