



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

□□□□

Leni Müller

□□□: 1:08:32

□□: TSG Limbach/Triathlon

□□: 171

□□: 25.55 km

Chari Tria (0,55-20,0-5,0)

□□□□□/□□□: 17 (of 70)

□□□□□/□: 2 (of 15)

□□□□□□: 1:04:16

□□□□:

Juniorinnen (18-19 J.)

□□□□□: 1(of 1)

□□□□□□□: 1:08:32

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.55	7:56	14:25	1	-	1	-	0.55	7:56	14:25	1	-	1	-
Wechsel S -> R	-	1:14	-	1	-	2	0:05	0.55	9:10	16:39	1	-	1	-
Schwimmen □□□	0.55	9:10	16:39	1	-	1	-	0.55	9:10	16:39	1	-	1	-
Rad netto	20.00	34:23	1:43	1	-	1	-	20.55	43:33	2:07	1	-	1	-
Wechsel R -> L	-	0:44	-	1	-	2	0:05	20.55	44:17	2:09	1	-	1	-
Rad □□□	20.00	35:07	1:45	1	-	1	-	20.55	44:17	2:09	1	-	1	-
Lauf	5.00	24:15	4:50	1	-	5	5:00	25.55	1:08:32	2:40	1	-	2	4:16