



# 10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

□□□□

Pascal Klüh

□□□: 49:26

□□: SV Germania Ockstadt

□□: 430

□□: 12.90 km

□□□□□/□□□: 44 (of 46)

Chari Tria Youth 3 (0,4-10,0-2,5)

□□□□□/□: 27 (of 28)

□□□□□□: 35:16

□□□□:

□□□□□: 13(of 14)

Schüler A (12-13 J.)

□□□□□□□: 39:29

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□□□□

□□□

| □□□            | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Schwimmen nett | 0.40     | 8:22     | 20:55        | 11      | 2:06    | 25      | 2:51    | 0.40  | 8:22      | 20:55         | 14      | 2:06    | 28      | 2:51    |
| Wechsel S -> R | -        | 1:44     | -            | 7       | 0:31    | 17      | 0:31    | 0.40  | 10:06     | 25:14         | 11      | 2:18    | 28      | 3:08    |
| Schwimmen □□□  | 0.40     | 10:06    | 25:14        | 11      | 2:18    | 28      | 3:08    | 0.40  | 10:06     | 25:14         | 11      | 2:18    | 28      | 3:08    |
| Rad netto      | 10.00    | 24:12    | 2:25         | 13      | 3:43    | 27      | 6:15    | 10.40 | 34:18     | 3:17          | 13      | 6:01    | 28      | 9:21    |
| Wechsel R -> L | -        | 0:53     | -            | 9       | 0:13    | 20      | 0:14    | 10.40 | 35:11     | 3:22          | 13      | 6:14    | 29      | 9:35    |
| Rad □□□        | 10.00    | 25:05    | 2:30         | 13      | 3:56    | 27      | 6:29    | 10.40 | 35:11     | 3:22          | 13      | 6:14    | 29      | 9:35    |
| Lauf           | 2.50     | 14:15    | 5:42         | 12      | 3:43    | 25      | 4:35    | 12.90 | 49:26     | 3:49          | 13      | 9:57    | 27      | 14:10   |