



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

□□□□

Pascal Klüh

□□□: 49:26

□□: SV Germania Ockstadt

□□: 430

□□: 12.90 km

□□□□□/□□□: 44 (of 46)

Chari Tria Youth 3 (0,4-10,0-2,5)

□□□□□/□: 27 (of 28)

□□□□□□: 35:16

□□□□:

□□□□□: 13(of 14)

Schüler A (12-13 J.)

□□□□□□□: 39:29

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.40	8:22	20:55	11	2:06	25	2:51	0.40	8:22	20:55	14	2:06	28	2:51
Wechsel S -> R	-	1:44	-	7	0:31	17	0:31	0.40	10:06	25:14	11	2:18	28	3:08
Schwimmen □□□	0.40	10:06	25:14	11	2:18	28	3:08	0.40	10:06	25:14	11	2:18	28	3:08
Rad netto	10.00	24:12	2:25	13	3:43	27	6:15	10.40	34:18	3:17	13	6:01	28	9:21
Wechsel R -> L	-	0:53	-	9	0:13	20	0:14	10.40	35:11	3:22	13	6:14	29	9:35
Rad □□□	10.00	25:05	2:30	13	3:56	27	6:29	10.40	35:11	3:22	13	6:14	29	9:35
Lauf	2.50	14:15	5:42	12	3:43	25	4:35	12.90	49:26	3:49	13	9:57	27	14:10