



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

□□□□

Johanna Brunberg

□□□: 47:20

□□: Eintracht Frankfurt Triathlon Jugend

□□: 444

□□: 12.90 km

□□□□□/□□□: 36 (of 46)

Chari Tria Youth 3 (0,4-10,0-2,5)

□□□□□/□: 12 (of 18)

□□□□□□: 38:50

□□□□:

□□□□□: 5(of 10)

Schülerinnen A (12-13 J.)

□□□□□□□: 41:04

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.40	8:35	21:27	10	2:30	18	2:30	0.40	8:35	21:27	10	2:30	18	2:30
Wechsel S -> R	-	1:53	-	8	0:31	15	0:44	0.40	10:28	26:09	10	3:01	18	3:01
Schwimmen □□□	0.40	10:28	26:09	10	3:01	18	3:01	0.40	10:28	26:09	10	3:01	18	3:01
Rad netto	10.00	23:31	2:21	5	2:29	13	3:32	10.40	33:59	3:16	9	5:30	17	6:33
Wechsel R -> L	-	0:43	-	3	0:04	6	0:04	10.40	34:42	3:20	8	5:08	15	6:32
Rad □□□	10.00	24:14	2:25	5	2:20	12	3:31	10.40	34:42	3:20	8	5:08	15	6:32
Lauf	2.50	12:38	5:03	4	1:08	9	2:00	12.90	47:20	3:40	5	6:16	12	8:30