



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

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Vivien Olenik

□□□: 47:29

□□: DWS Triathlon

□□: 451

□□: 12.90 km

□□□□□/□□□: 37 (of 46)

Chari Tria Youth 3 (0,4-10,0-2,5)

□□□□□/□: 14 (of 18)

□□□□□□: 38:50

□□□□:

□□□□□: 7(of 10)

Schülerinnen A (12-13 J.)

□□□□□□□: 41:04

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.40	8:04	20:09	8	1:59	16	1:59	0.40	8:04	20:09	8	1:59	16	1:59
Wechsel S -> R	-	1:39	-	6	0:17	13	0:30	0.40	9:43	24:17	7	2:16	14	2:16
Schwimmen □□□	0.40	9:43	24:17	7	2:16	14	2:16	0.40	9:43	24:17	7	2:16	14	2:16
Rad netto	10.00	24:14	2:25	8	3:12	16	4:15	10.40	33:57	3:15	8	5:28	16	6:31
Wechsel R -> L	-	0:52	-	8	0:13	14	0:13	10.40	34:49	3:20	9	5:15	16	6:39
Rad □□□	10.00	25:06	2:30	8	3:12	16	4:23	10.40	34:49	3:20	9	5:15	16	6:39
Lauf	2.50	12:40	5:03	5	1:10	10	2:02	12.90	47:29	3:40	7	6:25	14	8:39