



# 10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

□□□□

Lea Pauline Kurt

□□□: 48:09

□□: TV Windecken

□□: 443

□□: 12.90 km

□□□□□/□□□: 40 (of 46)

Chari Tria Youth 3 (0,4-10,0-2,5)

□□□□□/□: 15 (of 18)

□□□□□□: 38:50

□□□□:

□□□□□: 8(of 10)

Schülerinnen A (12-13 J.)

□□□□□□□: 41:04

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.40	8:21	20:52	9	2:16	17	2:16	0.40	8:21	20:52	9	2:16	17	2:16
Wechsel S -> R	-	2:01	-	10	0:39	17	0:52	0.40	10:22	25:55	9	2:55	17	2:55
Schwimmen □□□	0.40	10:22	25:55	9	2:55	17	2:55	0.40	10:22	25:55	9	2:55	17	2:55
Rad netto	10.00	23:23	2:20	4	2:21	12	3:24	10.40	33:45	3:14	7	5:16	15	6:19
Wechsel R -> L	-	0:40	-	2	0:01	3	0:01	10.40	34:25	3:18	6	4:51	13	6:15
Rad □□□	10.00	24:03	2:24	4	2:09	11	3:20	10.40	34:25	3:18	6	4:51	13	6:15
Lauf	2.50	13:44	5:29	8	2:14	14	3:06	12.90	48:09	3:43	8	7:05	15	9:19